

# CURRICULUM VITAE

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## **EDUCATION**

- 2019- 2022: **PhD degree in Food Technology:** Department of Food Technology, School of Industrial Technology, University Sains Malaysia, Penang, Malaysia.
- 2013- 2016: **Master's degree in Nutrition and Food Technology (Food Technology):** Department of Nutrition and Food Technology, Faculty of Agriculture, Jordan University of Science and Technology, Irbid, Jordan.
- 2010-2013: **Bachelor's degree in Nutrition and Food Technology:** Department of Nutrition and Food Technology, Faculty of Agriculture, Jordan University of Science and Technology, Irbid, Jordan.

## **Academic position**

**Assistant Professor in Food Sciences, Faculty of Agriculture, Department of Food Science and Nutrition, Jerash, Jordan.**

## **FUNDING SUCCESSS**

### Principal Investigator

- Title of Project: Developing novel complex plant-based proteins and polysaccharides to meet the needs of diabetics and hypertensives.  
Award number: 2025-010-29111  
CRIS number: 197  
Funding amount: \$71000

### Principal Investigator

- Title of Project: Developing novel complex plant-based proteins to meet the needs of diabetics and hypertensives.  
Award number: 2024-31831-66671  
CRIS number: 13412  
Funding amount: \$89,000

### Principal Investigator

- Title of Project: Developing novel protein bars with plant-based protein to meet the needs of bodybuilders.  
Award number: 2023-47821-27732  
CRIS number: 335008  
Funding amount: \$121,000

## **RESEARCH & TEACHING INTEREST**

- Developing non-thermal techniques for enhancing the functional properties of plant proteins and pharmaceutical applications.
- Protein-protein interaction.
- Technology Validation and Reactor Optimization.
- Protein structures
- Medical application in medicine.
- By-product utilization and extractions
- Impact of food and its components on health and wellness

## **REVIEWER ACTIVITIES**

- Reviewer for the Journal, Food chemistry, (Elsevier)
- Reviewer for the Journal, Food and Bioprocess Technology, (Springer)
- Reviewer for the Journal, food chemistry x, (Elsevier)
- Reviewer for the Journal, Food Science & Nutrition, (Wiley)
- Reviewer for the Journal, food bioprocess, (Elsevier)
- Reviewer for the Journal, Foods (MDPI)

## **COMPUTER SKILLS**

Operating systems:	Macintosh
Office applications:	Microsoft PowerPoint, Access, Excel, Word
Citation softwares:	Endnote
Scientific/Statistical:	SPSS
Drawing programs:	Adobe illustrator

## **RESEARCH PRODUCTIVITY**

Total Number of Citations: ≈ 420

H-Index: 12

## **MEMBERSHIPS OF PROFESSIONAL BODIES**

- Institute of Food Technologist, USA (Premier membership, 01258275)

## **COLLABORATING RESEARCH INSTITUTES & UNIVERSITIES**

- School of Dietetics and Human Nutrition, McGill University, Montreal, QC, Canada.
- Nocelle Foods, 2-16 market Lane, Pooraka, SA, **Australia**.
- School of Agriculture and Food, Faculty of Veterinary and Agricultural Sciences, The University of Melbourne, Parkville, VIC, **Australia**.
- Department of Physiology and Pharmacology, Thomas J. Long. School of Pharmacy & Health Science, University of the Pacific, Stockton, CA, **USA**.
- School of Food Science, Nutrition and Family Studies, Faculty of Health Sciences and Community Services, Université de Moncton, Moncton, **Canada**.
- Renewable Biomass Transformation Cluster, School of Industrial Technology, Universiti Sains Malaysia, USM, Penang, **Malaysia**.
- Department of Human Nutrition and Dietetics, College of Health Sciences, Abu Dhabi University, Zayed City, Abu Dhabi P.O, **United Arab Emirates**.
- Department of Community Health Sciences, College of Applied Medical Sciences, King Saud University, Riyadh, **Saudi Arabia**.
- Department of Radiology and Molecular Imaging, College of Medicine and Health Science, Sultan Qaboos

- University. Al Khod, Muscat, **Oman**.
- Nano-Optoelectronics Research and Technology Lab (NORLab), School of Physics, Universiti Sains Malaysia, Pulau Pinang, **Malaysia**.
- Department of Applied Chemistry, College of Applied Sciences-Hit, University of Anbar, Hit, Anbar, **Iraq**.
- Department of Physiology and Biochemistry, Faculty of Medicine, Jordan University of Science and Technology, Irbid, **Jordan**.
- Department of Biological Sciences, Yarmouk University, Irbid, **Jordan**.

## COLLABORATING COMPANIES

- Nutrition Co (Qatar)
- Laperva company (UK)

### Publications

#### Book chapters

43. Alu'datt, M. H., Rababah, T., Alhamad, N. M., Gammoh, S., Al-U'datt, D., Kanakri, K., **Alrosan, M.**, Kubow, S., Al Khateeb, W., Pesticides Residues in Food Safety and Security, Reference Module in Food Science, Elsevier, 2023. <https://doi.org/10.1016/B978-0-12-822521-9.00183-0>
42. Alu'datt, M. H., Rababah, T., Alhamad, M. N., Gammoh, S., **Alrosan, M.**, Abujelban, D., ... & Al Khateeb, W. (2024). Physiochemical properties, bioactive compounds and aroma profile of honey. In Advanced Techniques of Honey Analysis (pp. 93-127). Academic Press. . <https://doi.org/10.1016/B978-0-443-13175-2.00005-2>

#### Peer Reviewed Journals

##### 2024

- 41 Zhengrui Liao, Thaigarajan Parumasivam, Xiaotong Zhu, Thuan-Chew Tan, Alrosan M, Muhammad H. Alu' datt, selected medium-chain dicarboxylic acids: Improving the shelf life and quality of salmon meat during chilled storage, food quality and safety. **Impact factor: 3.5** accepted
- 40 Zhengrui Liao, Thaigarajan Parumasivam, Xiaotong Zhu, Thuan-Chew Tan, Alrosan M, Muhammad H. Alu' datt, Selected medium-chain dicarboxylic acid combinations: Improving the shelf life and quality of salmon meat during chilled storage. international Journal of food science and technology. **impact factor 3.9** accepted
- 39 Alu'datt, M. H., Al-u'datt, D. A., Rababah, T., Gammoh, S., **Alrosan, M.**, Bani-Melhem, K., ... & Abubaker, M. (2024). Date palm (*Phoenix dactylifera*) bioactive constituents and their applications as natural multifunctional ingredients in health-promoting foods and nutraceuticals. 10.1111/1541-4337.70084 **Impact factor: 15**
38. Alu'datt, M. H., Al-u'datt, D. A., Rababah, T., Gammoh, S., Alrosan, M., Bani-Melhem, K., ... & Abubaker, M. (2024). Recent research directions on functional royal jelly: highlights prospects in

food, nutraceutical, and pharmacological industries. Critical Reviews in Food Science and Nutrition, 1-14. <https://doi.org/10.1080/10408398.2024.2418892> Impact factor: 12.1

37. Ali Dheyab, M., Tang, J. H., Abdul Aziz, A., Hussein Nowfal, S., Jameel, M. S., **Alrosan, M.**, ... & Ghasemlou, M. (2024). Green synthesis of gold nanoparticles and their emerging applications in cancer imaging and therapy: a review. Reviews in Inorganic Chemistry, (0). **Impact factor 4.8**
36. **Alrosan, M.**, Maghaydah, S., Al-Qaisi, A., Almajwal, A. M., Alu'datt, M. H., Qudsi, F. R. A., ... & Mahmood, A. A. R. (2024). Lentil protein and trehalose conjugates: Structural interactions and mechanisms for improving multi-level structure and functional characteristics. Journal of Food Science. Impact factor: **Impact factor 3.8** <https://doi.org/10.1111/1750-3841.17465>
35. Dheyab, M. A., Aziz, A. A., Nowfal, S. H., Al-Mafarjy, S. S., Abdullah, W., Suardi, N., ... & Khaniabadi, P. **Alrosan, M.** (2024). Turning food waste-derived ultrasmall gold nanoparticles as a photothermal agent for breast cancer cell eradication. Inorganic Chemistry Communications, 169, 113030. **Impact factor: 4.4** <https://doi.org/10.1016/j.inoche.2024.113030>
34. Liao, Z., Yeoh, Y. K., Parumasivam, T., Koh, W. Y., **Alrosan, M.**, Alu'datt, M. H., & Tan, T. C. (2024). Medium-chain dicarboxylic acids: chemistry, pharmacological properties, and applications in modern pharmaceutical and cosmetics industries. RSC advances, 14(24), 17008-17021. **Impact factor: 4.1** <https://doi.org/10.1039/D4RA02598A>
33. Liao, Z., **Alrosan, M.**, Alu'datt, M. H., & Tan, T. C. (2024). 10-hydroxy decanoic acid, trans-10-hydroxy-2-decanoic acid, and sebamic acid: Source, metabolism, and potential health functionalities and nutraceutical applications. Journal of Food Science. **Impact factor 3.8** <https://doi.org/10.1111/1750-3841.17143>
32. **Alrosan, M.**, Maghaydah, S., Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., &.. Al Qudsi, F. R., (2024). Enhancing the quality of lentil proteins via combination with whey proteins based on a dual process: A novel strategy through the incorporation of complexation and fermentation. Food Science and biotechnology. **Impact factor 3.8.** <https://doi.org/10.21203/rs.3.rs-3153701/v1>
31. **Alrosan, M.**, Maghaydah, S., Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., &.. Al Qudsi, F. R., (2024). Lentil protein and trehalose conjugates: structural interactions and mechanisms for improving multi-level structure and functional characteristics. Journal of food science. **Impact factor 3.9.** <https://doi.org/10.1080/10942912.2024.2377239>
30. **Alrosan, M.**, Tan, T. C., Alu'datt, M. H., Tranchant, C. C., Almajwal, A. M., ... & Al-Qaisi, A. (2024). Whey protein-trehalose conjugates prepared by structural interaction: Mechanisms for improving the multilevel structure and their water solubility and protein digestibility. Italian Journal of Food Science (Accepted). **Impact Factor 3.388.**
29. Alu'datt, M. H., Rababah, T., Al-ali, S., Tranchant, C. C., Gammoh, S., **Alrosan, M.**, ... & Ghatasheh, S. (2024). Current perspectives on fenugreek bioactive compounds and their potential impact on human health: A review of recent insights into functional foods and other high value applications. Journal of food science. **Impact factor 3.9.** <https://doi.org/10.1111/1750-3841.16970>

28. **Alrosan, M.**, Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., Al Qudsi, F. R., ... & Al-Massad, M. (2024). Evaluation of digestibility, solubility, and surface properties of trehalose-conjugated quinoa proteins prepared via pH shifting technique. *Food Chemistry*: X, 101397. **Impact factor 6.67.** <https://doi.org/10.1016/j.fochx.2024.101397>
27. Alu'datt, M. H., Tranchant, C. C., Alhamad, M. N., Rababah, T., Gammoh, S., **Alrosan, M.**, & Alkandari, S. (2024). Designing novel industrial and functional foods using the bioactive compounds from *Nigella sativa* L. (Black Cumin): Biochemical and biological prospects towards health implications. *Journal of food science*. **Impact factor 3.9.** <https://doi.org/10.1111/1750-3841.16981>
26. **Alrosan, M.**, Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., Al Qudsi, F. R., ... & Bani-Melhem, K. (2024). Trehalose-conjugated lentil-casein protein complexes prepared by structural interaction: Effects on water solubility and protein digestibility. *Food Chemistry*, 138882. **Impact Factor 9.231.** <https://doi.org/10.1111/1750-3841.16981>
25. **Alrosan, M.**, Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., Al Qudsi, F. R., ... & Maghaydah, S. (2024). Molecular forces driving protein complexation of lentil and whey proteins: Structure-function relationships of trehalose-conjugated protein complexes on protein digestibility and solubility. *Current Research in Structural Biology*, 100135. **Impact factor 2.8.** <https://doi.org/10.1016/j.crstbi.2024.100135>
24. Al-Qaisi, A., **Alrosan, M.**, Almajwal, A. M., Gammoh, S., Alu'datt, M. H., Kubow, S., ... & Qudsi, F. R. A. (2024). Evaluation of structure, quality, physicochemical properties, and phenolics content of pea proteins: A novel strategy through the incorporation of fermentation. *Journal of Food Science*. **Impact Factor 3.693.** <https://doi.org/10.1111/1750-3841.16946>
23. **Alrosan, M.**, Almajwal, A. M., Al-Qaisi, A., Gammoh, S., Alu'datt, M. H., Kubow, S., ... & Razzak Mahmood, A. A. (2024). Structural interactions of complex proteins with trehalose: mechanisms for improving the multilevel structure and functional properties of lentil-quinoa protein complexes. *International Journal of Food Properties*, 27(1), 1033-1045. **Impact factor 3.9.** <https://doi.org/10.1080/10942912.2024.2377239>
22. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., Alu'datt, M. H., Kubow, S., ... & AlFandi, H. (2024). Characterisation of the protein quality and composition of water kefir-fermented casein. *Food Chemistry*, 138574. **Impact Factor 9.388.** <https://doi.org/10.1016/j.foodchem.2024.138574>
21. Yang, Y., Huang, Y., Lu, B., **Alrosan, M.**, Easa, A.M., Alu'datt, M.H. and, Tan, T.C. (2024) Flavonoids extracts from Zhenghe white tea. *Food research*. [https://doi.org/10.26656/fr.2017.8\(1\).083](https://doi.org/10.26656/fr.2017.8(1).083)

## 2023

20. **Alrosan, M.**, Tan, T. C., Koh, W. Y., Easa, A. M., Gammoh, S., & Alu'datt, M. H. (2023). Overview of fermentation process: structure-function relationship on protein quality and non-

- nutritive compounds of plant-based proteins and carbohydrates. Critical Reviews in Food Science and Nutrition, 1-15. **Impact Factor 11.208.** <https://doi.org/10.1080/10408398.2022.2049200>.
19. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., Alu'datt, M. H., Aleid, G. M., ... & Maghaydah, S. (2023). Evaluation of quality and protein structure of natural water kefir-fermented quinoa protein concentrates. Food Chemistry, 404, 134614. **Impact Factor 9.231.** <https://doi.org/10.1016/j.foodchem.2022.134614>
18. Mehrdel, B., Yehya, A. H. S., Dheyab, M. A., Jameel, M. S., Aziz, A. A., Nikbakht, A., ... & **Alrosan, M.** (2023). The antibacterial and toxicological studies of mycosynthesis silver nanoparticles by isolated phenols from agaricus bisporus. Physica Scripta, 98(12), 125007. **Impact factor 3.081.** <https://iopscience.iop.org/article/10.1088/1402-4896/ad080f/meta>
17. Alu'datt, M. H., Tranchant, C. C., Alhamad, M. N., Rababah, T., Gammoh, S., **Alrosan, M.**, & Alkandari, S. (2023). Impact of ultrasonication on the contents, profiles and biofunctional properties of free and bound phenolics from white desert truffle (*Tirmania nivea*) and its protein fractions. Food Research International, 113453. **Impact factor 7.425.** <https://doi.org/10.1016/j.foodres.2023.113453>
16. Gammoh, S.; Alu'datt, M.H.; Alhamad, M.N.; Tranchant, C.C.; Rababah, T.; Al-U'datt, D.; Hussein, N.; **Alrosan, M.**; Tan, T.-C.; Kubow, S.; et al. Functional and Bioactive Properties of Wheat Protein Fractions: Impact of Digestive Enzymes on Antioxidant,  $\alpha$ -Amylase, and Angiotensin-Converting Enzyme Inhibition Potential. Molecules 2023, 28, 6012 **Impact factor 5.005.** <https://doi.org/10.3390/molecules28166012>
15. Gammoh, S., Alu'datt, M. H., Alhamad, M. N., Tranchant, C. C., Rababah, T., Kanakri, K., **Alrosan, M.**, ... & Alzoubi, H. Determination of mycotoxins in nuts, cereals, legumes, and coffee beans and effectiveness of a selenium-based decontamination treatment. Journal of Food Safety, 13087. **Impact factor 2.442.** <https://doi.org/10.1111/jfs.13087>
14. **Alrosan, M.**, Tan, T. C., Easa, A. M., Alu'datt, M. H., Tranchant, C. C., Almajwal, A. M., ... & Al-Qaisi, A. (2023). Improving the Functionality of Lentil–Casein Protein Complexes through Structural Interactions and Water Kefir-Assisted Fermentation. Fermentation, 9(2), 194. **Impact Factor 5.123.** <https://doi.org/10.3390/fermentation9020194>
13. **Alrosan, M.**, Tan, T. C., Mat Easa, A., Gammoh, S., Alu'datt, M. H., Tranchant, C. C., ... & Al Qudsi, F. R. Preparation of lentil and quinoa protein complexes through protein-protein interactions and water kefir-assisted fermentation to improve protein quality and functionality. Frontiers in Sustainable Food Systems, 7, 1174597. **Impact Factor 5.005.** <https://doi.org/10.3389/fsufs.2023.1174597>
12. Dheyab, M. A., Aziz, A. A., Oladzadabbasabadi, N., Alsaedi, A., Braim, F. S., Jameel, M. S., **Alrosan, M.** & Almajwal, A. M. (2023). Comparative Analysis of Stable Gold Nanoparticles Synthesized Using Sonochemical and Reduction Methods for Antibacterial Activity. Molecules, 28(9), 3931. **Impact Factor 4.927.** <https://doi.org/10.3390/molecules28093931>
11. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., Alu'datt, M. H., Kubow, S., ... & Al-Qaisi, A.

(2023). Enhanced functionality of fermented whey protein using water kefir. International Journal of Food Properties, 26(1), 1663-1677. Impact Factor 3.388. <https://doi.org/10.1080/10942912.2023.2225799>

## 2022

10. Alu'datt, M. H., **Alrosan, M.**, Gammoh, S., Tranchant, C. C., Alhamad, M. N., Rababah, T., ... & Tan, T. C. (2022). Encapsulation-based technologies for bioactive compounds and their application in the food industry: A roadmap for food-derived functional and health-promoting ingredients. Food Bioscience, 50. Impact Factor 5.318. <https://doi.org/10.1016/j.fbio.2022.101971>
9. Gammoh, S., Alu'datt, M. H., Alhamad, M. N., **Alrosan, M.**, Al-husein, B., AL-U'datt, D. A. G., ... & Kubow, S. (2022). Enzymatic bioactive peptides from sonicated whey proteins of camel milk: Impacts of nanopeptides on structural properties, antioxidant activity and inhibitory activity of alpha-amylase and ACE. International Journal of Dairy Technology, 75(4), 791-802. Impact Factor 4.286. <https://doi.org/10.1111/1471-0307.12890>
8. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., Kubow, S., & Alu'datt, M. H. (2022). Mechanisms of molecular and structural interactions between lentil and quinoa proteins in aqueous solutions induced by pH recycling. International Journal of Food Science & Technology, 57(4), 2039-2050. Impact Factor 3.612. <https://doi.org/10.1111/ijfs.15422>
7. Jameel, M. S., Aziz, A. A., Dheyab, M. A., Khaniabadi, P. M., Kareem, A. A., **Alrosan, M.**, ... & Mehrdel, B. (2022). Mycosynthesis of ultrasonically-assisted uniform cubic silver nanoparticles by isolated phenols from Agaricus bisporus and its antibacterial activity. Surfaces and Interfaces, 29, 101774. Impact Factor 6.137. <https://doi.org/10.1016/j.surfin.2022.101774>
6. Alu'datt, M. H., Khamayseh, Y., Alhamad, M. N., Tranchant, C. C., Gammoh, S., Rababah, T., **Alrosan, M.**, ... & Tan, T. C. (2022). Development of a nutrition management software based on selected Middle Eastern and Mediterranean dishes to support personalized diet and weight management. Food chemistry, 373, 131531. Impact Factor 9.231. <https://doi.org/10.1016/j.foodchem.2021.131531>
5. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., & Alu'datt, M. H. (2022). Recent updates on lentil and quinoa protein-based dairy protein alternatives: Nutrition, technologies, and challenges. Food chemistry, 132386. Impact Factor 9.231. <https://doi.org/10.1016/j.foodchem.2022.132386>
4. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., & Alu'datt, M. H. (2022). Molecular forces governing protein-protein interaction: Structure-function relationship of complexes protein in the food industry. Critical reviews in food science and nutrition, 62(15), 4036-4052. Impact Factor 11.208. <https://doi.org/10.1080/10408398.2021.1871589>

## 2021

3. **Alrosan, M.**, Tan, T. C., Easa, A. M., Gammoh, S., & Alu'datt, M. H. (2021). Mechanism of the structural interaction between whey and lentil proteins in the unique creation of a protein structure. Journal of food science, 86(12), 5282-5294. Impact Factor 3.693 <https://doi.org/10.1111/1750-3841.15974>

2. **Alrosan, M.**, Tan, T. C., Mat Easa, A., Gammoh, S., & Alu'datt, M. H. (2021). Effects of fermentation on the quality, structure, and nonnutritive contents of lentil (*Lens culinaris*) proteins. *Journal of Food Quality*, 2021, 1-7. **Impact Factor 3.2.** <https://doi.org/10.1155/2021/5556450>

**2019**

1. Gammoh, S., Alu'datt, M. H., Alhamad, M. N., Rababah, T., Ammari, Z. A., Tranchant, C. C., ... & **Alrosan, M.** (2019). Analysis of triphenylmethane dye residues and their leuco-forms in frozen fish by LC-MS/MS, fish microbial quality, and effect of immersion in whole milk on dye removal. *Journal of food science*, 84(2), 370-380. **Impact Factor 3.693.** <https://doi.org/10.1111/1750-3841.14434>